Knit Pattern #1 / ADDED THREE SHAWL  by: Cindy Kern

The added three stitches in this shawl pattern modification symbolize the knitter and recipient (side chain that is formed) and the group, church, or organization that is facilitating the gift (center knit stitch that unites all the parts of the shawl).

Materials:  555 Yards Boucle Yarn    Size:  11 or 13

Cast on 51 (63) *stitches.

Row 1 and all odd rows:  
With yarn in front, slip the first stitch as if to purl, (K3, P3) 4 (5) times, K1, (K3, P3) 4 (5) times, K1.

Row 2 and all even rows:  
With yarn in front, slip the first stitch as if to purl, (P3, K3) 4 (5) times, P1, (P3, K3) 4 (5) times, K1.

Work in pattern until shawl has reached correct length. Cast off in pattern (knit the knits, purl the purls).

Attach Fringe (Optional).

Knit Pattern #2 / Basket Weave Pattern  by: Elaine

The below pattern is from the book "Jean Frost Jackets" published by XRX Books, who gave their permission to use

Basket weave pattern: (multiple of 8 plus 2 sts; includes edge sts.)

Materials: 4-5 Skeins of Yarn    Size 11 or 13 Needles  (cast on 106 stitches using a size 13 needle)

Row 1: (WS) K1, p across, end k1
Row 2: K1, p2, k2, *p6, k2; repeat from *, last five stitches in p4, k1
Row 3: K5, *p2, k6; repeat from *, last five stitches in p2, k2, k1
Row 4: Repeat Row 2
Row 5: Repeat Row 1
Row 6: K1, *p6, k2; repeat from *, end k1
Row 7: K1, *p2, k6; repeat from *, end k7
Row 8: Repeat Row 6

Pattern = Repeat Rows 1 – 8

**Jean Frost recommends always starting and ending a row with a k1. That way it never curls.
Knit Pattern #3 Modified K3 - P3 Prayer Shawl Instructions © Copyright 2010 Barb Kurtak

Use a straight rather than boucle type yarn so that the texture of the stitches will be worth the extra effort. The pattern forms the texture.

Cast on stitches in a multiple of 3 to the desired width depending on your yarn and the size needles you use.

Use a marker or piece of yarn to designate the “front” side from the “back” (return) side.

Odd rows will be front and even rows will be back. Basically, you’re knitting the classic K3P3 prayer shawl stitch, except you’re offsetting the stitches by 1 stitch in pattern each row. This means you begin each odd-numbered (front) rows by adding a stitch in pattern and begin the even-numbered (back, return) rows by decreasing a stitch in pattern.

In the directions, I end with a K3, but in fact, once you understand the pattern, you could end with either.

Row 1: *K3 P3*K3
Row 2: K2*P3K3*P1
Row 3: P2*K3P3*K1
Row 4: *P3K3*P3
Row 5: K1*P3K3*P2
Row 6: P1*K3P3*K2
Repeat 1-6.

A chart that helps you orient when picking up the work after setting it down or dealing with an odd number of stitches:

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After you’ve knit in the pattern for awhile, you’ll begin to see repeating patterns as you knit and vertically in the alignment of stitches. For instance, you’ll be doing the usual seed type prayer shawl stitch except on the front (odd-numbered) rows, the third stitch of the K3 or P3 stitches will be in stockinette or garter (highlighted in green). On the back (return, even-numbered) rows, the first stitch of the K3 or P3 stitches will be in stockinette or garter (highlighted in yellow). (Note: The rows are pictured as they hang from your needle, i.e. the most recent row knitted is on top.)